# Additions

Your company paid health cash plan

Paycare

Everyday Health Cover since 1874

**Our health cash plans help keep your workforce happy, healthy and productive - we're with you every step of the way!**

100% Reclaim **up to 100%** of cost on a wide range of benefits, up to an annual limit

| | | LEVEL 1 | LEVEL 2 | LEVEL 3 | LEVEL 4 | LEVEL 5 |
|---|---|---|---|---|---|---|
| Employee premiums | Weekly | £1.07 | £2.17 | £3.28 | £4.42 | £5.57 |
| | Monthly | £4.65 | £9.40 | £14.20 | £19.15 | £24.15 |
| Partner premiums | Weekly | £1.40 | £2.81 | £4.21 | £5.61 | £6.99 |
| | Monthly | £6.10 | £12.20 | £18.30 | £24.35 | £30.35 |
| **Everyday health & wellbeing** *For happy, productive and engaged employees* | | | | | | |
| Optical (100%) *Including sight tests, glasses and contact lenses* | | £65 | £110 | £160 | £190 | £220 |
| Dental (100%) *Including check ups and routine treatment. Private or NHS* | | £65 | £110 | £160 | £190 | £220 |
| Chiropody (100%) | | £50 | £75 | £100 | £125 | £150 |
| Professional Therapy (100%) *Including physiotherapy, osteopathy, chiropractic, acupuncture, homeopathy, hypnotherapy and reflexology* | | £180 | £300 | £400 | £480 | £550 |
| **Prevention & fast diagnosis** *For a speedier return to health* | | | | | | |
| Specialist Consultation & Tests (100%) *Including MRI scans, X-rays and reclaiming of PMI excess* | | £300 | £400 | £480 | £540 | £600 |
| Health Screening (100%) *Including Well-man / Well-woman, mammography and heart disease screening* | | £100 | £150 | £200 | £250 | £300 |
| Lifestyle Assessment *Online assessment and personal coaching accessed via our website* | | ✓ | ✓ | ✓ | ✓ | ✓ |
| **Professional support** *To get your employees back on track* | | | | | | |
| Paycare EAP *Confidential counselling and helpline service. Unlimited telephone support 24/7. Up to 6 face to face counselling sessions (if required)* | | ✓ | ✓ | ✓ | ✓ | ✓ |
| GP 24/7 *Unlimited telephone support. Virtual surgery via our mobile app (NEW). Worldwide cover. Private prescription service (NEW)* | | ✓ | ✓ | ✓ | ✓ | ✓ |
| Redundancy Premium Protection *Free cover (for up to 6 months) in the event of redundancy* | | ✓ | ✓ | ✓ | ✓ | ✓ |
| **Rewards** | | | | | | |
| Paycare Perks (NEW) *Online employee discount scheme giving access to hundreds of high street, leisure and health and fitness discounts. Accessed via our website.* | | ✓ | ✓ | ✓ | ✓ | ✓ |

*With an Additions policy you can choose extra benefits to suit your business, up to 3 depending on your policy level (employees only)*

| Additions | PICK 1 | PICK 1 | PICK 2 | PICK 2 | ALL 3 |
|---|---|---|---|---|---|
| + Wellbeing & Alternative Therapy up to £50 | | | | | |
| + Inoculation / Vaccination up to £50 | | | | | |
| + Personal Accident Cover up to £10,000 | | | | | |

The premium is inclusive of Insurance Premium Tax at the current rate. This table should be read in conjunction with the full policy rules. All benefits shown are yearly maximums and are paid at 100% of the receipt value up to the annual limit.

01902 371 000 www.paycare.org

Paycare is a not for profit company limited by guarantee. Authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and Prudential Regulation Authority. Company Registration Number 820791

# Much more than just a great health cash plan

Paycare

Everyday Health Cover since 1874

**Your Paycare policy comes with a range of key benefits:**

- Dedicated Account Manager
- Corporate Centre Resources
- Dependent children covered
- Up to 100% payback
- No medical required
- Immediate benefit
- Online & paper claims
- Annual benefit allowance

## Helpline

### Paycare Counselling & Helpline

We understand that from time to time your employees might need a little extra support. When they need somewhere to turn for impartial advice, we're here for them.

Our confidential Telephone Counselling Service offers professional support for depression, stress, anxiety, relationship problems and bereavement, as well as valuable tax and legal advice 24 hours a day. And what's more, if required, we will also cover the cost of up to 6 face to face counselling sessions, to help get them back on track.

**To speak to a qualified advisor, call 0117 933 0633**

## GP 24/7

### With GP waiting times reaching a staggering 14 days, it can be harder than ever for your employees to access local GP services. Until now...

Whether your employees want to speak to a doctor during their lunch break or need medical support in the middle of the night, the Paycare GP 24/7 app makes it easy to book appointments, attend a consultation via telephone or video link, get private prescription medication delivered to your door and much more, reducing the need for lengthy time out of work arranging and attending appointments.

**To speak to a qualified GP, call 0845 222 5749**
**or download the GP 24/7 app at paycare.gpsurgery.uk.com**

## Rewards

### Reward your employees with discounts on a wide range of everyday purchases

At Paycare we believe that employee wellbeing doesn't stop with physical and mental health, so we've introduced a brand new service designed to help your staff to look after their financial health too!

Paycare Perks is a fantastic new online discount scheme offering savings on hundreds of high street, leisure, and health and fitness products and services. With our Savings Calculator your employees can see exactly how much they could save on their annual household spend.

**To access Paycare Perks, log in or register at www.paycare.org**

## Redundancy Premium Protection

If redundancy strikes you may lose access to employment benefits like healthcare cover. To help out in this difficult time, we offer our Policyholders FREE cover up to 6 months from the day you are made redundant, subject to qualifying criteria.

*The Paycare Employee Assistance Programme is provided by DAS Assistance Limited.*
*Paycare's GP 24/7 service is provided by Medical Solutions Ltd. Paycare Perks is provided by Parliament Hill Limited.*
*For full details and to discover how you can access these services please refer to your Policy Documents.*



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